

# Onset prevalence of hepatitis B Virus among patients receiving multiple blood transfusions in Khartoum

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## Abstract

This study Aims to determine the prevalence of HBs Ag in patient with multiple blood transfusions. In cross sectional study This cross sectional study 90 case. The age less than 60 years with multiple transfusion, These study carried in Khartoum hospitals, Khartoum state from Sep. to Dec 2017, in the subjects serological test were done, ageless than 60 years. Detection of HBs Ag will be done by Elisa Kits. Results: A total number of 90 patients were screened during the study period. 55 (61.1%) were males and 35 (38.9%) were females. 11.1% of the patients were positive HBs Ag, HBV was more prevalent in age (> 18 years, 18-25 years). Among HBsAg positive patients: 6 (60%) were males and 4(40%) were females. Four patients (11.8%) were HBs Ag positive and leukemia disease, two patients (11.1%) were HBs Ag positive and Sickle cell anemia, one patient (16.7%) was HBs Ag positive and Diamond blackfan anemia (DBA), Two patients were HBsAg positive and suffer from bleeding after surgical operation. One patients was HBsAg positive and HCV positive, Four out of 13 (30.8%) were HBs Ag positive and jaundice positive, Two (28.6%) were HBs Ag positive and have family history of HBV. HBV transfusion transmission from occult HBV infection carrying extremely low viral loads is related to plasma volume transfused and possibly prevented by anti-HBs. HBV blood safety could be further improved by either anti-HBc screening (indicates previous or ongoing infection with hepatitis B virus in an undefined time frame).

**Keywords:** Transfusions, transmission, anemia, Hepatitis, predominantly, fulminant.

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## 1. Introduction

Hepatitis is a Latin word which means inflammation of liver. At the present time viral hepatitis is a major health problem worldwide, particularly in Asian countries. Hepatitis is caused by different hepatic viruses and it leads to liver related morbidity.[1] Mostly hepatic infection is caused by single hepatic virus but sometime infection with multiple viruses may occur and it leads to different management problems. These different problems include higher incidence of morbidity and mortality [2]. Hepatitis B virus “HBV” it has a long incubation period “weeks to 6 month” and protracted illness with a variety of outcome. Hepatitis B virus “HBV” infection remains global nubile health problem, despite the availability of ineffective vaccine. [3,4] Hepatitis B virus (HBV) is a double stranded

DNA virus belonging the family of hepanda virida and is the only member that infects humans. The hepatitis B virus contain a core protein “HBcAg” as well as surface coat protein (HBsAg) is a protein that produced by the virus in the secretary process but the function of the protein is not well understood. [5] “HBV” in a worldwide in infection. Approximately 5% of world’s population have chronic “HBV” infection. WHO has defined the following classification hepatitis B endemicity. [6]

The predominant mode of transmission of “HBV” varies in different geographical areas perinatal infection is the prevalence areas.[7,8] In comparison, to horizontal transmission, particularly in early childhood account for most cases of chronic (HBV) infection in intermitted prevalence areas while unprotected. Sexual intercourse and

intravenous drug use in adult are the major routes in low prevalence areas. [9] The infection rate among infants born “HBsAg” positive is as high as 90%. Maternal – infant transmission may occur in utero at the time of birth or after birth. The high protective “95%” of neonatal vaccination suggests that most infection occur predominantly at or before birth.[10] There is no evidence that cesarean section should not be routinely recommended for carrier mothers. Breast feeding does not appear to increase the risk of transmission. [8]

Children may acquire HVB infection through horizontal transmission minor breaks in the skin or mucous membranes or close bodily contact with other children in addition HBV can survive about side than human body for a prolonged period, as a result transmission via contaminated household articles such as tooth brushes razors and even toys may be possible. The incidence of transfusion – related B decreased significantly after the exclusion of paid blood donors”9” and the introduction of hepatitis B surface antigen “HBs Ag” screening of donors. Despite adequate screening HBV transmission is still the most frequent transfusion – transmitted viral infection. [11]

Sexual transmission remains the major mode of spread of HBV in developed countries sexual transmission of hepatitis B can be prevented by vaccination and safe sex practice use of condoms.[12,13]

Percutaneous transmission happens among intravenous drug users who share syringe and needles.[14] HBV is the most common transmitted borne in the health care setting transmission generally occurs from patient to patient or from patient to health care personnel via contaminated instruments to accidental needle sticks. HEALTH Care workers particularly surgeons, pathologists and physicians in hemodialysis and oncology units have the highest risk of HBV infection.[15,16]

Transmission of HBV infection has been reported after transplantation of extra hepatic organs such as kidney and even cornea from “HBsAg” positive donors[17] Manifestations range from sub clinical or anicteric hepatitis “Approximately 70% of patients “icteric hepatitis and, in some cases fulminant hepatitis fulminant hepatic failure is unusual occurring, in approximately 0.1% to 0.5% of patients. Fulminant hepatitis B is believed to be due to massive immune mediated lysis of infected hepatocytes, this explains why many patients with fulminant hepatitis B have no evidence of HBV replication at presentation.[18]

Many patients with chronic hepatitis B are asymptomatic, while others have no specific symptoms such as fatigue chronic HBV infection is occasionally associated with extra hepatic manifestations including polyarteritis nodosa and glomerulonephropathy.[19]

## 2. Material and method

### 2.1. Study Area:

The study is conducted at Khartoum Hospitals.

### 2.2. Study design:

This cross sectional study was done on 90 cases on the age less than 60 years; with multiple transfusions, (Transfusion more than 3 times). This study carried in Khartoum hospitals, Khartoum state from Sep. to Dec 2017, in the subjects serological test were done.

### 2.3. Study period:

Data was collected from Sep. to Dec 2017

### 2.4. Study population:

Patients with multiple blood transfusion, ageless than 60 years, 90 patients enroll in the study sample size

### 2.5. Inclusion criteria:

- Patient age less than 60 years, with multiple transfusions, (Transfusion more than 3 times).
- Those who agree to participate in the study.

### 2.6. Exclusion criteria:

- Patient transfusion less than 3 times.
- Age more than 60 years.
- Patients are not agreed to participate in the study.
- Very ill patient.

### 2.7. Ethical considerations:

Ethical Obtained from research ethical committee of faculty of graduate studies Al-Neelain University and ministry of health Khartoum state. Verbal consent is obtained from patient questionnaire interview and blood test sampling.

### 2.8. Experimental work:

Specimen collection and storage blood samples are taken by normal vein puncture technique 3ml were put a plain container and allows to clot and then serum is separate at room temperature by centrifugation and kept frozen -20 for the purpose of HBs Ag. Detection of HBs Ag will be done by Elisa Kits.

### 2.9. Statistical analysis:

Data summarize and present by means of tables and Graphs. Statistical Package for Social Sciences “SPSS” is use to examine Existence of possible association between risk factors and diagnosis of HBV infection.

## 3. Results

Provision of constant and safe blood has been a public health challenge in Sub-Saharan Africa with high prevalence of transfusion-transmissible infections (TTIs). A total number of 90 patients were screened during the study period. Of these 55 (61.1%) were males and 35 (38.9%) were females. 11.1% of the patients were positive HBs Ag,

**Table 1: Sero-prevalence of HBV according to age of the patients**

Age		HBs Ag		Total
		+ve	-ve	
> 18 years	Count	4	66	70
	%	5.7%	94.3%	100.0%
18-25	Count	3	7	10
	%	30.0%	70.0%	100.0%
26-35	Count	1	3	4
	%	25.0%	75.0%	100.0%
36-45	Count	0	2	2
	%	0.0%	100.0%	100.0%
46-60	Count	2	1	3
	%	66.7%	33.3%	100.0%
Total	Count	10	79	89
	%	11.2%	88.8%	100.0%
P-Value		p < 0.001		

Overall, the seroprevalence of HBV was 11.1%. HBV was more prevalent in age (> 18 years, 18-25 years) see (Table 1). Prevalence of HBV with respect age was statistically significant p < 0.001

**Table 2: Sero-prevalence of HBV according to gender of the patients**

HBs Ag		Gender		Total
		M	F	
Positive	Count	6	4	10
	%	60.0%	40.0%	100.0%
Negative	Count	49	31	80
	%	61.3%	38.8%	100.0%
Total	Count	55	35	90
	%	61.1%	38.9%	100.0%
P-vale		0.939		

Among HBsAg positive patients: 6 (60%) were males and 4(40%) were females. Also the HBsAg negative were 49 (61.3%) and 31(38.8%) in male and female respectively. The total samples were 55(61.1%) male and 35(38.9%) female. Which show insignificant deference between male, female P-value = 0.939.

**Table 3: Sero-prevalence of HBV according to diagnosis of the patients**

Diseases		HBs Ag		Total
		+ve	-ve	
Prostate Cancer	Count	0	5	5
	%	0.0%	100.0%	100.0%
Leukemia	Count	4	30	34
	%	11.8%	88.2%	100.0%
Sickle cell anemia	Count	2	16	18
	%	11.1%	88.9%	100.0%
Diamond blackfan anemia (DBA)	Count	1	5	6
	%	16.7%	83.3%	100.0%
Bleeding	Count	2	20	21
	%	9.1%	90.9%	100.0%
Head tumor	Count	0	1	1
	%	0.0%	100.0%	100.0%
<i>H.pylori</i>	Count	0	1	1
	%	0.0%	100.0%	100.0%
Renal failure	Count	0	1	1
	%	0.0%	100.0%	100.0%
Lung cancer	Count	0	1	1
	%	0.0%	100.0%	100.0%
HCV	Count	1	0	1
	%	100.0%	0.0%	100.0%
Total	Count	10	80	90
	% s	11.1%	88.9%	100.0%

Four patients (11.8%) were HBs Ag positive and leukemia disease, two patients (11.1%) were HBs Ag positive and Sickle cell anaemia, one patient (16.7%) was HBs Ag positive and Diamond blackfanemia (DBA), two patients HBsAg positive and suffers from bleeding after surgical operation. One patient was HBsAg positive and HCV positive. Five patients (100%) were HBs Ag negative and prostatic cancer, one patients was HBsAg negative and suffer from head tumor, one patients was HBs Ag negative and suffer from *H.pylori*. one patients was HBsAg negative and suffer from renal failure, one patients was HBsAg negative and suffer from lung cancer.

**Table 4: Sero-prevalence of HBV according to diagnosis of the jaundice**

Jaundice		HBs Ag		Total
		+ve	-ve	
YES	Count	4	9	13
	%	30.8%	69.2%	100.0%
NO	Count	6	71	77
	%	7.8%	92.2%	100.0%
Total	Count	10	80	90
	%	11.1%	88.9%	100.0%

Four out of 13 (30.8%) were HBs Ag positive and jaundice positive, 6 (7.8%) were HBsAg positive and jaundice negative.

**Table 5: Sero-prevalence of HBV according to History of traditional practices**

History of traditional practices		HBs Ag		Total
		+ve	-ve	
YES	Count	0	1	1
	% within Q5	0.0%	100.0%	100.0%
NO	Count	10	79	89
	% within Q5	11.2%	88.8%	100.0%
Total	Count	10	80	90
	% within Q5	11.1%	88.9%	100.0%

Ten (11.2%) were HBs Ag positive and no history of traditional practices, 79 (88.8%) were HBs Ag negative and no history of traditional practices. One (100%) which was HBs Ag negative and have history of traditional practices.

**Table 6: Sero-prevalence of HBV according to Family history of HBV**

Family history of HBV		HBs Ag		Total
		+ve	-ve	
YES	Count	2	5	7
	% within Q6	28.6%	71.4%	100.0%
NO	Count	8	75	83
	% within Q6	9.6%	90.4%	100.0%
Total	Count	10	80	90
	% within Q6	11.1%	88.9%	100.0%

Two (28.6%) were HBs Ag positive and have family history of HBV, 8 (9.6%) were HBs Ag positive and haven't family history of HBV. Five (71.4%) were HBs Ag negative and have family history of HBV.

**Table 7: Sero-prevalence of HBV according to History of contact with HBV**

History of contact with HBV patients		HBs Ag		Total
		+ve	-ve	
Yes	Count	3	22	25
	% within Q7	12.0%	88.0%	100.0%
No	Count	7	58	65
	% within Q7	10.8%	89.2%	100.0%
Total	Count	10	80	90
	% within Q7	11.1%	88.9%	100.0%

Three (12.0%) were HBs Ag positive and History of contact with HBV patients, 7 (10.8%) were HBs Ag positive and haven't History of contact with HBV patients. 22 (88%) were HBs Ag negative and have History of contact with HBV patients.

**Table 8: Sero-prevalence of HBV according to HBV vaccination status**

		HBs Ag		Total
		+ve	-ve	
Vaccinated	Count	0	13	13
	%	0.0%	100.0%	100.0%
Not vaccinated	Count	10	52	62
	%	16.1%	83.9%	100.0%
Unknown	Count	0	14	14
	%	0.0%	100.0%	100.0%
Double dose vaccinate	Count	0	1	1
	%	0.0%	100.0%	100.0%
Total	Count	10	80	90
	%	11.1%	88.9%	100.0%

Ten (16.1%) were HBs Ag positive and not vaccinated, 13 (100%) were HBs Ag negative and vaccinated. no patients were vaccinate and HBs Ag positive. 14 (100%) were HBs Ag negative and not unknown with HBV vaccine. One (100%) was HBsAg negative and have Double dose vaccinate.

**Table 9: Sero-prevalence of HBV according to number of blood transfusion**

Number of blood transfusion		HBs Ag		Total
		+ve	-ve	
3-10	Count	4	54	58
	% within number	6.9%	93.1%	100.0%
11-20	Count	4	16	20
	% within number	20.0%	80.0%	100.0%
21-30	Count	1	7	8
	% within number	12.5%	87.5%	100.0%
31-40	Count	1	3	4
	% within number	25.0%	75.0%	100.0%
Total	Count	10	80	90
	% within number	11.1%	88.9%	100.0%

Four (6.9%) of patient were HBs Ag positive and transfusion blood between 3-10, four (20%) were HBs Ag positive and transfusion blood between 11-20. one patients were HBs Ag positive and transfusion blood between 21-30. One patient was HBs Ag positive and transfusion blood between 31 and 40.

#### 4. Discussion

These result similar to Shepard 2005 which report More than one third of the population has been infected

with HBV and it is estimated that there are 80 million HBV carriers (about 6% of the total population)[20]. It is generally accepted that the diagnosis of infection by HBV is based on the presence of the HBsAg in the blood stream [21]. However, screening of blood bank donors for HBsAg does not totally eliminate the risk of HBV infection through blood transfusion [22] and these results similar to Park 2009 which report that Around 10 -15% of HBV infected persons are chronic carriers and 50% of the infectious HCV infected cases are asymptomatic. [23] The blood transfusion is an effective mode of transmission of both HBV, as it allows large quantum of infective virions into the recipient. Pre-donation clinical screening of donors to reject or defer the risky group from donation is an important step. But many of the donors are not detected during pre-donation clinical screening by blood bank officer especially. If we compare the HBsAg positivity in other developing countries of the world the rate is quite high as compared to India. Table 10 shows prevalence of HBsAg in other countries. [24]

#### 5. Conclusion

We conclude that multi-transfusion hepatitis B continues to be the most common cause of blood transfusion in Sudan. HBV infection by blood components is currently prevented in most developed countries by combining sensitive HBV surface antigen (HBsAg) assays, HBV transfusion transmission from occult HBV infection carrying extremely low viral loads is related to plasma volume transfused and possibly prevented by anti-HBs. HBV blood safety could be further improved by either anti-HBc screening (indicates previous or ongoing infection with hepatitis B virus in an undefined time frame).

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