

Herbal medicine for diabetes mellitus: A Review

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Abstract

Diabetes mellitus (DM) is the most common of the endocrine disorders. It is an important human ailment, afflicting many, from various walks of life in different countries. The prevalence of diabetes mellitus is expected to reach up to 4.4% in the world by 2030. Among all type of diabetes, type 2 diabetes is main complication. Currently available treatment options in modern medicine have several adverse effects. Therefore, there is a need to develop safe and effective treatment modalities for diabetes. Medicinal plants play an important role in the management of diabetes mellitus especially in developing countries where resources are meager. This article presents a review on some reported antidiabetic medicinal plants (with their botanical name, Family and part used)

Key Words: Diabetes, Medicinal plants, Hypoglycemic.

1.Introduction

Diabetes mellitus is a disorder that affects the body's ability to make or use insulin. Insulin is a hormone produced in the pancreas that helps transport glucose (blood sugar) from the bloodstream into the cells so they can break it down and use it for fuel. People cannot live without insulin. Diabetes results in abnormal levels of glucose in the bloodstream. This can cause severe short-term and long term consequences ranging from brain damage to amputations and heart disease.

1.2 Types and differences of diabetes: There are several forms of diabetes. Scientists are still defining and categorizing some of these variations and establishing their prevalence in the population. Types of diabetes include:

1.2.1Type 1 diabetes: An autoimmune disease in which the immune system mistakenly destroys the insulin-making beta cells of the pancreas. It typically develops more quickly than other forms of diabetes. It is usually diagnosed in children and adolescents, and sometimes in young adults. To survive, patients must administer insulin medication regularly. Type 1 diabetes used to be called juvenile diabetes and insulin-dependent diabetes mellitus (IDDM). However, those terms are not accurate because children can develop other forms of diabetes, adults sometimes develop type 1, and other forms of diabetes can require insulin therapy. A variation of type 1 that develops later in life, usually after age 30, is called latent autoimmune diabetes of adulthood (LADA). Sometimes patients with autoimmune diabetes develop insulin resistance because of weight gain or genetic factors. This condition is known as double diabetes.

1.2.2Type 2 diabetes: A disorder of metabolism, usually involving excess weight and insulin resistance. In these patients, the pancreas makes insulin initially, but the body has trouble using this glucose-controlling hormone. Eventually the pancreas cannot produce enough insulin to respond to the body's need for it. Type 2 diabetes is by far the most common form of diabetes, accounting for 85 to 95% of cases in developed nations and an even higher percentage in developing nations, according to the International Diabetes Federation. This disease may take years or decades to develop. It is usually preceded by pre diabetes, in which levels of glucose (blood sugar) are above normal but not high enough yet for a diagnosis of diabetes. People with pre diabetes can often delay or prevent the escalation to type 2 diabetes by losing weight through improvements in exercise and diet, as the Diabetes Prevention Program and other

research projects have demonstrated. Type 2 diabetes used to be called adult-onset diabetes and non-insulin-dependent diabetes mellitus (NIDDM). Those terms are not accurate because children can also develop this disease, and some patients require insulin therapy.

1.2.3 Gestational diabetes: A temporary metabolic disorder that any previously nondiabetic woman can develop during pregnancy, usually the third trimester. Hormonal changes contribute to this disease, along with excess weight and family history of diabetes. About 4% of pregnant women develop gestational diabetes, according to the American Diabetes Association.

1.2.4 Secondary diabetes: Diabetes caused by another condition. The many potential sources of secondary diabetes range from diseases such as pancreatitis, cystic fibrosis, Down syndrome and hemochromatosis to medical treatments including corticosteroids, other immunosuppressives, diuretics and pancreatectomy.¹

Our Vedic literatures like Charak Samhita already report the use of plants, herbs and their derivatives for treatment of diabetes mellitus. More than 400 plants have been incorporated in approximately 700 recipes which are used to treat diabetes mellitus in almost two thirds of the world population. A large number of *in vivo* studies have been conducted on animals to test the claimed activity have demonstrated the hypoglycemic property of many plants, already reported in various literatures.² Various medicinal plants have been reported for their anti diabetic actions are as follows.

Table.1. List of plants having Anti-diabetic activity³⁻³²

| Sr. no | Plant | Family | Part used |
|--------|----------------------------------|------------------|----------------|
| 1 | <i>Abelmoschus moschatus</i> | Malvaceae | mucilage |
| 2 | <i>Abroma augusta</i> | Sterculiaceae | Leaves |
| 3 | <i>Abrus precatorious</i> | Leguminosea | Seeds |
| 4 | <i>Abutilon indicum</i> | Malvaceae | Whole plant |
| 5 | <i>Acacia Arabica</i> | Rubaceae | Seeds |
| 6 | <i>Acacia bilimekii</i> | Fabaceae | Leaves |
| 7 | <i>Acacia catechu</i> | Rubaceae | Bark |
| 8 | <i>Acacia farnesiana</i> | Fabaceae | Bark |
| 9 | <i>Acacia nilotica</i> | Fabaceae | Leaves, bark |
| 10 | <i>Acacia pennata</i> | Rubaceae | Shoot tips |
| 11 | <i>Acanthopanax senticosus</i> | Araliaceae | Leaves |
| 12 | <i>Achyranthes aspera</i> | Amaranthaceae | Whole plant |
| 13 | <i>Achyranthes aspera</i> | Amaranthaceae | Whole plant |
| 14 | <i>Achyrocline satureioides</i> | Asteraceae | Aerial parts |
| 15 | <i>Aconitum carmichaeli</i> | Ranunculacea | Roots |
| 16 | <i>Aconitum ferox</i> | Ranunculacea | Root |
| 17 | <i>Aconitum palmatum</i> | Ranunculacea | Roots |
| 18 | <i>Acosmium panamense</i> | Leguminosea | Bark |
| 19 | <i>Acrocomia mexicana</i> | Leguminosea | Roots |
| 20 | <i>Adansonia digitata</i> | Bombacaceae | Stem bark |
| 21 | <i>Adhatoda vasica</i> | Acanthaceae | Leaves |
| 22 | <i>Adiantum capillus</i> | Polypodiaceae | Whole plant |
| 23 | <i>Adiantum caudatum</i> | pteridaceae | Leaves |
| 24 | <i>Aegle marmelos</i> | Rutaceae | Flower, leaves |
| 25 | <i>Aerva lanata</i> | Amaranthaceae | Leaves |
| 26 | <i>Aesculus hippocastanum L.</i> | Hippocastanaceae | Seeds |
| 27 | <i>Azelia africana</i> | Fabaceae | Stem bark |
| 28 | <i>Aframomum memegueta</i> | Zingiberaceae | Leaves |
| 29 | <i>Agapetes sikkimensis</i> | Ericaceae | Aerial parts |

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|----|------------------------------------|---------------|--------------------------|
| 30 | <i>Agarista mexicana</i> | Ericaceae | Aerial parts |
| 31 | <i>Agrimonia eupatoria</i> | Rosaceae | Leaves |
| 32 | <i>Agrimonia pilosa</i> | Rosaceae | Leaves |
| 33 | <i>Ajuga iva L</i> | Lamiaceae | Whole plant |
| 34 | <i>Ajuga remota</i> | Lamiaceae | Leaves |
| 35 | <i>Alangium salvifolium</i> | Alangiaceae | Leaves |
| 36 | <i>Albizia amara</i> | Mimosoideae | Leaves |
| 37 | <i>Alchemilla vulgaris</i> | Rosaceae | |
| 38 | <i>Allium cepa</i> | Liliaceae | Bulbs (oil), Stems, tops |
| 39 | <i>Allium sativum</i> | Liliaceae | Bulbs |
| 40 | <i>Aloe arborescens</i> | Liliaceae | Leaves |
| 41 | <i>Aloe barbadensis</i> | Liliaceae | Leaves |
| 42 | <i>Aloe vera</i> | Liliaceae | Leaves |
| 43 | <i>Alpinia galanga</i> | Zingiberaceae | Rhizome |
| 44 | <i>Alstonia macrophylla</i> | Apocynaceae | Whole plant |
| 45 | <i>Alstonia scholaris</i> | Apocynaceae | Bark |
| 46 | <i>Alternanthera sessilis</i> | Amaranthaceae | Whole plant |
| 47 | <i>Althaea officinalis</i> | Malvaceae | Leaves, whole plant |
| 48 | <i>Amaranthus caudatus</i> | Amaranthaceae | Leaves |
| 49 | <i>Amaranthus esculantus</i> | Amaranthaceae | Whole plant, oil |
| 50 | <i>Amaranthus spinosus</i> | Amaranthaceae | Stem |
| 51 | <i>Amomum aromaticum</i> | Zingiberaceae | Root |
| 52 | <i>Amomum subulatum</i> | Zingiberaceae | Root |
| 53 | <i>Amorphophallus konjac</i> | Araceae | Rhizome |
| 54 | <i>Amphipterygium adstringens</i> | Anacardiaceae | Bark |
| 55 | <i>Anacardium occidentale</i> | Anacardiaceae | Bark |
| 56 | <i>Anacardium occidentale</i> | Anacardiaceae | Leaves |
| 57 | <i>Andrographis lineata</i> | Acanthaceae | Leaves |
| 58 | <i>Andrographis paniculata</i> | Acanthaceae | Root |
| 59 | <i>Andrographis paniculata</i> | Acanthaceae | Whole plant |
| 60 | <i>Andropogon citratus</i> | Poaceae | Aerial parts |
| 61 | <i>Anemarrhena asphodeloids</i> | Annoaceace | Rhizomes |
| 62 | <i>Anethum graveolens</i> | Apiaceae | Seeds |
| 63 | <i>Annona muricata</i> | Annonaceae | Leaves |
| 64 | <i>Annona squamosa</i> | Annonaceae | Leaves |
| 65 | <i>Anthemis herba alba</i> | compositae | Aerial parts |
| 66 | <i>Anthocephalus indicus</i> | Rubiaceae | Bark |
| 67 | <i>Anthocleista nobilis</i> | Logoniaceae | Bark |
| 68 | <i>Anthocleista rhizophoroides</i> | Logoniaceae | Bark |
| 69 | <i>Anthocleista voglii</i> | Logoniaceae | Root |
| 70 | <i>Aporosa lanceolata</i> | Euphorbiaceae | Leaves |
| 71 | <i>Aporosa lindleyana</i> | Euphorbiaceae | Leaves |

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|-----|----------------------------------|------------------|----------------------|
| 72 | <i>Aquilaria agallocha</i> | Thymelaeaceae | Stem |
| 73 | <i>Aquilaria sinensis</i> | Thymelaeaceae | Leaves |
| 74 | <i>Aralia elata Seem</i> | Araliaceae | Root |
| 75 | <i>Arctostaphylos uva ursi</i> | Ericaceae | Fruit |
| 76 | <i>Areca catechu</i> | Arecaceae | Seeds |
| 77 | <i>Argyrea nervosa</i> | Convolvulaceae | Root |
| 78 | <i>Aronia melanocarpa</i> | Rosaceae | Fruit |
| 79 | <i>Artemisia absinthium</i> | Compositae | Leaves, aerial parts |
| 80 | <i>Artemisia dracunculus</i> | Compositae | Whole plant |
| 81 | <i>Artemisia herba-alba</i> | Compositae | Leaves |
| 82 | <i>Artemisia ludoviciana</i> | Compositae | Leaves |
| 83 | <i>Artemisia pallens Wall</i> | Compositae | Aerial parts |
| 84 | <i>Arthrocnemum glaucum</i> | Chenopodiaceae | |
| 85 | <i>Artocarpus altilis</i> | Moraceae | Leaves |
| 86 | <i>Artocarpus heterophyllus</i> | Moraceae | Leaves |
| 87 | <i>Asparagus gonocladus</i> | Aparagaceae | Bulb |
| 88 | <i>Asparagus racemosus</i> | Meliaceae | Roots |
| 89 | <i>Asteracantha longifolia</i> | Acanthaceae | Leaves |
| 90 | <i>Astragalus species</i> | Leguminoseae | Roots |
| 91 | <i>Asystasia gangetica</i> | Acanthaceae | Leaves |
| 92 | <i>Atractylode japonica</i> | Compositae | Rhizomes |
| 93 | <i>Auricularia auricula-juda</i> | Primulaceae | Fruit |
| 94 | <i>Avena sativa</i> | Poaceae | Whole plant |
| 95 | <i>Averrhoa bilimbi</i> | Oxalidaceae | Leaves |
| 96 | <i>Averrhoa carambola</i> | Oxalidaceae | Leaves |
| 97 | <i>Azadirachta indica</i> | Meliaceae | Seed oil, leaves |
| 98 | <i>Baccharis salicifolia</i> | Asteraceae | Leaves |
| 99 | <i>Baccharis trimera</i> | Myrtaceae | Leaves |
| 100 | <i>Bacopa monnieri</i> | Scrophulariaceae | Aerial parts |
| 101 | <i>Balanites aegyptiaca</i> | Simarubiaceae | Fruit |
| 102 | <i>Bambusa arundinaceae</i> | Bambusaceae | Seeds |
| 103 | <i>Bambusa vulgaris</i> | Gramineae | Leaves |
| 104 | <i>Barleria lupulina</i> | Acanthaceae | Aerial Part |
| 105 | <i>Barleria noctiflora</i> | Acanthaceae | Whole plant |
| 106 | <i>Barleria prionotis</i> | Acanthaceae | Leaf, bark, root |
| 107 | <i>Barringtonia acutangula</i> | Lecythidaceae | Stem bark |
| 108 | <i>Basella rubra</i> | Basellaceae | Leaves |
| 109 | <i>Bauhinia candicans</i> | leguminoseae | Leaves |
| 110 | <i>Bauhinia divaricata</i> | leguminoseae | Leaves |
| 111 | <i>Bauhinia forficata</i> | Caesalpinaceae | Leaves |
| 112 | <i>Bauhinia rectusa</i> | leguminoseae | Seeds |
| 113 | <i>Bauhinia variegata</i> | Caesalpinaceae | Bark |

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|-----|----------------------------------|------------------|-----------------------|
| 114 | <i>Bauhinia variegata</i> | Caesalpinaceae | Flowers |
| 115 | <i>Benincasa hispida</i> | Cucurbitaceae | Fruit |
| 116 | <i>Berberis aristata</i> | Berberidaceae | Stem bark |
| 117 | <i>Berberis vulgaris</i> | Berberidaceae | Root |
| 118 | <i>Bergenia stacheyi</i> | Saxifragaceae | Root |
| 119 | <i>Bergia capensis</i> | Elatinaceae | |
| 120 | <i>Beta vulgaris</i> | Chenopodiaceae | Root bark |
| 121 | <i>Bhignia sapida</i> | sapindaceae | Unripe fruits & seeds |
| 122 | <i>Bidens pilosa</i> | Asteraceae | Whole plant |
| 123 | <i>Billia hippocastanum</i> | Hippocastanaceae | Aerial parts |
| 124 | <i>Biophytum sensitivum</i> | Oxalidaceae | Leaves |
| 125 | <i>Bixa orellana</i> | Bixaceae | Leaves |
| 126 | <i>Blighia sapida</i> | sapindaceae | Fruit |
| 127 | <i>Boerhaavia diffusa</i> | Nyctaginaceae | Root |
| 128 | <i>Bombax ceiba</i> | Bombacaceae | Seed |
| 129 | <i>Boswellia serrata</i> | Frankincense | Whole plant |
| 130 | <i>Bougainvillea glabra</i> | Rubiaceae | Leaves |
| 131 | <i>Bougainvillea spectabilis</i> | Rubiaceae | Seeds |
| 132 | <i>Bouvardia ternifolia</i> | Rubiaceae | Leaves |
| 133 | <i>Brassica juncea</i> | Brassicaceae | Seeds |
| 134 | <i>Brassica juncea Coss</i> | Brassicaceae | Leaves |
| 135 | <i>Brassica napiformis</i> | Brassicaceae | |
| 136 | <i>Brassica nigra</i> | Brassicaceae | Seeds |
| 137 | <i>Brassica oleraccia</i> | Brassicaceae | Leaves |
| 138 | <i>Brassica rapa</i> | Brassicaceae | Root |
| 139 | <i>Brickellia cavanillesii</i> | Asteraceae | Aerial parts |
| 140 | <i>Brickellia squarrosa</i> | Asteraceae | Aerial parts |
| 141 | <i>Brickellia veronicaefolia</i> | Asteraceae | Whole plant |
| 142 | <i>Brickellia veronicaefolia</i> | Asteraceae | Aerial parts |
| 143 | <i>Bridelia ndellensis</i> | Euphorbiaceae | Leaves |
| 144 | <i>Brophyllum pinnatum</i> | Crassulaceae | Leaves |
| 145 | <i>Bryonia alba L.</i> | Cucurbitaceae | Roots |
| 146 | <i>Bryonia cretica</i> | Cucurbitaceae | Aerial parts |
| 147 | <i>Buchanania axillaries</i> | Anacardiaceae | |
| 148 | <i>Buddleia americana Linn.</i> | Buddleaceae | Whole plant |
| 149 | <i>Bumelia sartorum</i> | Sapotaceae | Root bark |
| 150 | <i>Butea monosperma</i> | Fabaceae | Fruit, Leaves, root |
| 151 | <i>Caesalpinia bonducella</i> | Leguminosae | Seeds |
| 152 | <i>Caesalpinia crista</i> | Fabaceae | Seeds |
| 153 | <i>Caesalpinia decapetala</i> | Leguminosae | Seeds |
| 154 | <i>Caesalpinia digyna</i> | Leguminosae | Roots |
| 155 | <i>Caesalpinia sappan</i> | Fabaceae | Stem |

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|-----|------------------------------------|------------------|-----------------------------|
| 156 | <i>Caeseria esculanta</i> | Caesalpinoideace | Roots |
| 157 | <i>Cajanus cajan</i> | Fabaceae | Seeds |
| 158 | <i>Calamintha macrostema</i> | Lamiaceae | Root, stem |
| 159 | <i>Calamintha officinalis</i> | Lamiaceae | Aerial parts |
| 160 | <i>Calamintha umbrossa</i> | Lamiaceae | Whole plant |
| 161 | <i>Calea zacatechichi Schlecht</i> | Asteraceae | |
| 162 | <i>Callistemon lanceolatus</i> | Myrtaceae | Aerial parts |
| 163 | <i>Calotropis procera</i> | Asclepiadaceae | Latex |
| 164 | <i>Camellia sinensis</i> | Theaceae | Leaves |
| 165 | <i>Canarium schweinfurthi</i> | Burseraceae | Stem bark |
| 166 | <i>Canarium zeylanicum</i> | Burseraceae | Bark |
| 167 | <i>Canavalia ensiformis</i> | Leguminosae | Seeds |
| 168 | <i>Cannabis indica</i> | Cannabinaceae | Whole plant, Leaves |
| 169 | <i>Canscora decussata</i> | Gentianaceae | |
| 170 | <i>Capparis decidua</i> | Capparaceae | Fruits, seeds |
| 171 | <i>Capparis incana</i> | Capparaceae | Leaves, bark |
| 172 | <i>Capparis moon</i> | Capparaceae | Fruit |
| 173 | <i>Capparis sepiaria</i> | Capparaceae | Leaves |
| 174 | <i>Capravia biflora</i> | Scrophulariaceae | Leaves |
| 175 | <i>Cardiospermum helicacabum</i> | Sapindaceae | Leaves |
| 176 | <i>Carica papaya</i> | Caricaceae | Fruit |
| 177 | <i>Carissa carandas</i> | Apocynaceae | Fruit |
| 178 | <i>Carissa edulis</i> | Apocynaceae | Leaves |
| 179 | <i>Carmona retusa</i> | Boraginaceae | Leaves, root |
| 180 | <i>Carum carvi</i> | Apiaceae | Seeds |
| 181 | <i>Casearia esculenta</i> | Flacourtiaceae | Root |
| 182 | <i>Casaria esculenta</i> | salicaceae | Root |
| 183 | <i>Casaria glauca</i> | salicaceae | Bark |
| 184 | <i>Casaria zeylanica</i> | Flacourtiaceae | Stem bark, root bark |
| 185 | <i>Cassia alta</i> | Fabaceae | Leaves |
| 186 | <i>Cassia auriculata</i> | Leguminoseae | Roots |
| 187 | <i>Cassia fistula</i> | Leguminoseae | Seeds |
| 188 | <i>Cassia glauca</i> | Caesalpiniaceae | Leaves |
| 189 | <i>Cassia occidentalis</i> | Caesalpiniaceae | |
| 190 | <i>Cassia siamea</i> | Fabaceae | Leaves |
| 191 | <i>Cassia sophora</i> | Caesalpiniaceae | Leaves, root, bark, seeds |
| 192 | <i>Castela texana</i> | Simaroubaceae | Leaves |
| 193 | <i>Catharanthus roseus</i> | Apocynaceae | Flower, Leaves, Stem & Root |
| 194 | <i>Cecropia obtusifolia</i> | Moraceae | Leaves |
| 195 | <i>Cecropia peltata L</i> | Moraceae | Leaves |
| 196 | <i>Cedronella canariensis</i> | Lamiaceae | Aerial parts |
| 197 | <i>Ceiba pentandra</i> | Malvaceae | Roots, Leaves |

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|-----|-------------------------------------|------------------|---------------------------|
| 198 | <i>Centella asiatica</i> | Apiaceae | Whole plant |
| 199 | <i>Centratherum anthelminticum</i> | Asteraceae | Seed |
| 200 | <i>Cephalandra indica</i> | Cucurbitaceae | Leaves, fruit, root, bark |
| 201 | <i>Cephalanthus glabratus</i> | Rubiaceae | wood |
| 202 | <i>Chamaemelum nobile</i> | Compositae | Leaves |
| 203 | <i>Cichorium intybus</i> | Asteraceae | Seeds |
| 204 | <i>Cinnamomum cassia</i> | Lauraceae | Leaves, bark |
| 205 | <i>Cinnamomum tamala</i> | Lauraceae | Bark |
| 206 | <i>Cinnamomum zeylanicum</i> | Lauraceae | bark |
| 207 | <i>Cinnamomum aromaticum</i> | Fabaceae | Bark |
| 208 | <i>Cistanche tubulosa</i> | Scrophulariaceae | Whole plant |
| 209 | <i>Citrullus colocynthis Schrad</i> | Cucurbitaceae | Fruits |
| 210 | <i>Citrullus lanatus</i> | Cucurbitaceae | Pulp |
| 211 | <i>Citrus aurantium</i> | Rutaceae | Peels |
| 212 | <i>Citrus limetta</i> | Rutaceae | Peels |
| 213 | <i>Citrus maxima</i> | Rutaceae | Peels |
| 214 | <i>Citrus sinensis</i> | Rutaceae | Peels |
| 215 | <i>Clausena anisata</i> | Rutaceae | Leaves |
| 216 | <i>Cleome aspera</i> | Capparidaceae | Whole plant |
| 217 | <i>Cleome droserifolia Delile</i> | Capparidaceae | Whole plant |
| 218 | <i>Clerodendranthus spicatus</i> | Lamiaceae | |
| 219 | <i>Clerodendron phlomoides</i> | Verbenaceae | Whole plant |
| 220 | <i>Clitoria ternatea</i> | Fabaceae | Seeds |
| 221 | <i>Cnidiosculus aconitifolius</i> | Euphorbiaceae | Leaves |
| 222 | <i>Coccinia grandis</i> | Cucurbitaceae | Whole plant |
| 223 | <i>Coccinia indica</i> | Cucurbitaceae | Leaves |
| 224 | <i>Cocculus cardifolia</i> | Menispermaceae | Stem, leaves, root |
| 225 | <i>Cocculus villosus</i> | Menispermaceae | Roots, leaves |
| 226 | <i>Cocos nucifera L.</i> | Arecaceae | Fiber |
| 227 | <i>Coffea arabica</i> | Rubiaceae | Seeds |
| 228 | <i>Cogniauxia podoleana</i> | Cucurbitaceae | |
| 229 | <i>Coix lachryma</i> | Poaceae | Seed |
| 230 | <i>Combretum micranthum</i> | Combretaceae | Leaves |
| 231 | <i>Commelina communis</i> | Commelinaceae | Leaves |
| 232 | <i>Convallaria majalis</i> | Asparagaceae | Bulb |
| 233 | <i>Convolvulus althaeoides</i> | Convolvulaceae | Aerial parts |
| 234 | <i>Corchorus olitorius</i> | Tiliaceae | Leaves |
| 235 | <i>Cordia dichotoma</i> | Boraginaceae | Stem bark |
| 236 | <i>Cordia morelosana</i> | Boraginaceae | Leaves |
| 237 | <i>Cordia myxa</i> | Boraginaceae | Stem bark |
| 238 | <i>Coriandrum sativum</i> | Apiaceae | Seeds |
| 239 | <i>Coriandum sativum</i> | Apiaceae | Whole plant |

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|-----|-----------------------------------|------------------|---------------|
| 240 | <i>Corni fructus</i> | Cornaceae | Whole plant |
| 241 | <i>Cornus officinalis</i> | Cornaceae | Fruit, seeds |
| 242 | <i>Coscinium fenestratum</i> | Menispermaceae | Stem bark |
| 243 | <i>Costus schlechteri</i> | Costaceae | |
| 244 | <i>Costus speciosus</i> | Costaceae | Rhizome |
| 245 | <i>Costus speciosus</i> | Zingiberaceae | Leaves |
| 246 | <i>Cotoneaster aitchisoni</i> | Rosaceae | Aerial parts |
| 247 | <i>Coutarea latiflora</i> | Rubiaceae | Bark |
| 248 | <i>Couterea hexandra</i> | Rubiaceae | |
| 249 | <i>Crataegus mexicana</i> | Rosaceae | Root |
| 250 | <i>Crataegus pubescens</i> | Rosaceae | Whole plant |
| 251 | <i>Crotolaria medicaginea</i> | Fabaceae | Seeds |
| 252 | <i>Croton cajucara Benth</i> | Euphorbiaceae | Bark |
| 253 | <i>Cryptolepis sanguinolenta</i> | Apocynaceae | Stem |
| 254 | <i>Cryptostegia grandiflora</i> | Asclepiadaceae | Aerial parts |
| 255 | <i>Cucumis callosus</i> | Cucurbitaceae | Seeds |
| 256 | <i>Cucumis metuliferus</i> | Cucurbitaceae | Fruit |
| 257 | <i>Cucumis sativus</i> | Cucurbitaceae | Fruit |
| 258 | <i>Cucumis trigonus</i> | Cucurbitaceae | Fruit |
| 259 | <i>Cucurbita ficifolia Bouché</i> | Cucurbitaceae | Fruit |
| 260 | <i>Cuminum cyminum</i> | umbelliferae | Seeds |
| 261 | <i>Cuminum cyminum L</i> | Apiaceae | Seeds |
| 262 | <i>Cuminum nigrum</i> | umbelliferae | Flowers,Seeds |
| 263 | <i>Cuminum nigrum</i> | Apiaceae | Seeds |
| 264 | <i>Curcuma longa</i> | Zingiberaceae | Rhizome |
| 265 | <i>Cyamopsis tetragonoloba</i> | Papilionaceae | Beans |
| 266 | <i>Cyamopsis tetragonolobus</i> | Leguminasae | Fruits, seeds |
| 267 | <i>Cyathea divergens</i> | Cyatheaceae | Bark |
| 268 | <i>Cyclanthera pedata</i> | Cucurbitaceae | Shoot, leaves |
| 269 | <i>Cymbalaria muralis</i> | Scrophulariaceae | Whole plant |
| 270 | <i>Cynodon dactylon</i> | Roaceae | Whole Plant |
| 271 | <i>Cyperus iria</i> | Cyperaceae | Root |
| 272 | <i>Dalbergia Sissoo</i> | Fabaceae | Bark |
| 273 | <i>Daucus carota</i> | Apiaceae | Root |
| 274 | <i>Decalepis hamiltonii</i> | Apocynaceae | Tuber |
| 275 | <i>Decalepis root</i> | Apocynaceae | Root |
| 276 | <i>Delonix regia</i> | Fabaceae | Leaves |
| 277 | <i>Dendrobium loddigesii</i> | Orchidaceae | Stem |
| 278 | <i>Dendrobium nobile</i> | Orchidaceae | Stem |
| 279 | <i>Descurainia sophia</i> | Brassicaceae | Whole plant |
| 280 | <i>Desmodium gangeticum</i> | Fabaceae | Whole plant |
| 281 | <i>Desmodium motorium</i> | Fabaceae | Leaves |

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| 282 | <i>Dillenia indica</i> | Dilleniaceae | Leaves |
| 283 | <i>Dioscorea asclepiadea</i> | Discoreaceae | Tuber |
| 284 | <i>Diospyros lotus</i> | Ebenaceae | Fruit |
| 285 | <i>Diospyros melanoxyton</i> | Ebenaceae | Bark |
| 286 | <i>Diospyros peregrina</i> | Ebenaceae | Fruit |
| 287 | <i>Diospyros peregrina</i> | Ebenaceae | Bark |
| 288 | <i>Dipteracanthus prostratus</i> | Acantheaceae | Whole plant |
| 289 | <i>Discorea japonica</i> | Discoreaceae | Tubers |
| 290 | <i>Discorea batalas</i> | Discoreaceae | Tubers |
| 291 | <i>Discorea bulbifera</i> | Discoreaceae | Bulb |
| 292 | <i>Discorea dumentorum</i> | Discoreaceae | Tubers |
| 293 | <i>Discorea gracillima</i> | Discoreaceae | Bulb |
| 294 | <i>Discorea hispida</i> Den nst | Dioscoreaceae | Tubers |
| 295 | <i>Discorea rhizoma</i> | Dioscoreaceae | Tubers |
| 296 | <i>Dodonaea viscosa</i> | Sapindaceae | Leaves |
| 297 | <i>Eclipta alba</i> | Asteraceae | Leaves |
| 298 | <i>Egyptian morus alba</i> | Moraceae | Stem bark |
| 299 | <i>Elaeocarpus ganitrus</i> | Elaeocarpaceae | Bark |
| 300 | <i>Elaeocarpus serratus</i> | Elaeocarpaceae | Fruit |
| 301 | <i>Elaeodendron glaucum</i> | Celastraceae | Bark |
| 302 | <i>Elephantopus scaber</i> | Asteraceae | Whole plant |
| 303 | <i>Eleusine coracana</i> | Poaceae | Seeds |
| 304 | <i>Eleytherine americana</i> | | Bulb |
| 305 | <i>Embelia madagascariensis</i> | Myrsinaceae | Leaves |
| 306 | <i>Emblica officinalis</i> | Phyllanthaceae | Seeds |
| 307 | <i>Enicostemma hyssopifolium</i> | Gentianaceae | Whole plant |
| 308 | <i>Enicostemma littorale</i> | Gentianaceae | Leaves |
| 309 | <i>Ensete superbum</i> | Musaceae | |
| 310 | <i>Ephedra distachya</i> | Ephedereaceae | Aerial stems |
| 311 | <i>Ephedra elata</i> | Ephedereaceae | Aerial stems |
| 312 | <i>Equisetum myriochaetum</i> | Equisetaceae | Aerial parts |
| 313 | <i>Eriobotrya japonica</i> | Rosaceae | Seeds |
| 314 | <i>Eriodendron anfractuosum</i> | Bombaceae | Gum, Unripe Fruits, Seeds, Flowers, Roots |
| 315 | <i>Eruka sativa</i> | Brassicaceae | Seeds |
| 316 | <i>Erythrina indica</i> | Fabaceae | Leaves |
| 317 | <i>Erythrina variegata</i> | Fabaceae | Leaves |
| 318 | <i>Eucalyptus citriodora</i> | Myrtaceae | Leaves |
| 319 | <i>Eucalyptus globules</i> | Myrtaceae | Leaves |
| 320 | <i>Eugenia jambolana</i> | Myrtaceae | Fruit |
| 321 | <i>Euphorbia antiquorum</i> | Euphorbiaceae | Leaves, fruit |
| 322 | <i>Euphorbia prostrate</i> | Euphorbiaceae | Whole plant |

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| 323 | <i>Evolvulus alsinoides</i> | Convolvulaceae | Whole plant |
| 324 | <i>Eysenhardtia polystachya</i> | Fabaceae | Root |
| 325 | <i>Feronia elephantum</i> | Rutaceae | Fruit |
| 326 | <i>Ficus bengelensis</i> | Moraceae | Root bark, stem bark |
| 327 | <i>Ficus carica</i> | Moraceae | Leaves |
| 328 | <i>Ficus glomerata</i> | Moraceae | Bark |
| 329 | <i>Ficus hispida</i> | Moraceae | Leaves |
| 330 | <i>Ficus racemosa</i> | Moraceae | Bark |
| 331 | <i>Ficus religiosa</i> | Moraceae | Root bark, stem bark, aerial roots |
| 332 | <i>Ficus retusa</i> | Moraceae | Leaves |
| 333 | <i>Ficus sycomorus</i> | Moraceae | Leaves |
| 334 | <i>Fraxinus alba Marshall</i> | Oleaceae | Leaves |
| 335 | <i>Fraxinus excelsior</i> | Oleaceae | Seeds |
| 336 | <i>Fumaria officinalis L</i> | Fumariaceae | Aerial parts |
| 337 | <i>Fumaria parviflora</i> | Papaveracea | Whole plant |
| 338 | <i>Galega officinalis</i> | Leguminoseae | Leaves |
| 339 | <i>Ganoderma lucidum</i> | Ganodermataceae | Fruit juice |
| 340 | <i>Garcinia kola Heckel</i> | Guttifere | Seeds |
| 341 | <i>Gelsemium sempervirens</i> | Logoniaceae | |
| 342 | <i>Geranium maculatum</i> | Geraniaceae | Root |
| 343 | <i>Ginkgo biloba</i> | Ginkgoacea | Whole plant |
| 344 | <i>Ginseng Radix</i> | Araliaceae | Root |
| 345 | <i>Glossostemon bruguieri</i> | Sterculiaceae | Root mucilage |
| 346 | <i>Glycine max</i> | Leguminoseae | Seeds |
| 347 | <i>Gmelina arborea</i> | Verbenaceae | Root bark, stem bark |
| 348 | <i>Gongronema latifolium</i> | | Leaves |
| 349 | <i>Grewia asiatica</i> | Tiliaceae | Bark |
| 350 | <i>Grewia flavensis</i> | Tiliaceae | Leaves |
| 351 | <i>Grifola frondosa</i> | Meripilaceae | Fruit |
| 352 | <i>Guaiacum coulteri</i> | Zygophyllaceae | Bark |
| 353 | <i>Guazuma ulmifolia</i> | Sterculiaceae | Bark |
| 354 | <i>Gymnema sylvestre</i> | Asclepiadaceae | Leaves, whole plant |
| 355 | <i>Gynandropsis gynandra</i> | Capparidaceae | Root |
| 356 | <i>Gynostemma pentaphyllum</i> | Cucurbitaceae | Stem, leaves |
| 357 | <i>Gynura procumbens</i> | Asteraceae | Leaves |
| 358 | <i>Gynura procumbens</i> | Asteraceae | Leaves |
| 359 | <i>Haematoxylon brasiletto</i> | Fabaceae | Aerial parts |
| 360 | <i>Haloxylon salicoricum Bunge</i> | Chenopodiaceae | Whole plant |
| 361 | <i>Hamada salicornica</i> | Hamamelidaceae | Whole plant |
| 362 | <i>Hamiltonia suaveolens</i> | Rubiaceae | Root |
| 363 | <i>Hedychium gardnerianum</i> | Zingiberaceae | Leaf |
| 364 | <i>Hedychium spicatum</i> | Zingiberaceae | Rhizome |

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| 365 | <i>Helicteres isora</i> | Sterculiaceae | Root |
| 366 | <i>Heritiera minor</i> | Sterculiaceae | Aerial parts |
| 367 | <i>Heterophragma quadriloculare</i> | Bignoniaceae | Aerial parts |
| 368 | <i>Hexachlamys edulis</i> | Myrtaceae | |
| 369 | <i>Hibiscus rosa-sinensis</i> | Malvaceae | Flowers |
| 370 | <i>Hintonia latiflora</i> | Rubiaceae | Leaves |
| 371 | <i>Hintonia standleyana</i> | Rubiaceae | Stem bark |
| 372 | <i>Holarrhena antidysenterica</i> | Apocynaceae | Seeds |
| 373 | <i>Holostemma annularis</i> | Apocynaceae | Root |
| 374 | <i>Hoodia curror</i> | Apocynaceae | Stem |
| 375 | <i>Hordeum vulgare</i> | Gramineae | Seeds |
| 376 | <i>Humulus lupulus</i> | Cannabinaceae | Strobiles |
| 377 | <i>Hybanthus enneaspermus</i> | Violaceae | Leaves |
| 378 | <i>Hydnocarpus wightiana</i> | | Seeds |
| 379 | <i>Hydrangea paniculata</i> | Hydrangeaceae | Bark |
| 380 | <i>Hydrolea zeylanica</i> | Hydrangeaceae | Whole plant |
| 381 | <i>Hygrophylla longifolia</i> | Acanthaceae | Whole plant |
| 382 | <i>Hypericum perforatum</i> | Hypericaceae | Leaves |
| 383 | <i>Hypoxis hemerocallidea</i> | Hypoxidaceae | Fruits |
| 384 | <i>Hyptis suaveolens</i> | Lamiaceae | Aerial parts |
| 385 | <i>Hyssopus officinalis</i> | Lamiaceae | Leaves |
| 386 | <i>Ibervillea sonora</i> | Curcubitaceae | Root, aerial parts, bark |
| 387 | <i>Ichnocarpus frutescens</i> | Apocynaceae | Root |
| 388 | <i>Inula racemosa</i> | Tubuliflorae | Roots |
| 389 | <i>Ipomea aquatica</i> | Convolvulaceae | Whole plant |
| 390 | <i>Ipomoea batatas</i> | Convolvulaceae | Leaves |
| 391 | <i>Ipomoea digitata</i> | Convolvulaceae | Root |
| 392 | <i>Isoplexis canariensis</i> | Scrophulariaceae | Leaves |
| 393 | <i>Isoplexis isabelliana</i> | Scrophulariaceae | Leaves |
| 394 | <i>Jacobinia suberecta</i> | Acanthaceae | Whole plant |
| 395 | <i>Jatropha curcas</i> | Euphorbiaceae | Leaves |
| 396 | <i>Jatropha glandulifera</i> | Euphorbiaceae | Tubers |
| 397 | <i>Juglans mandshurica</i> | Juglandaceae | Leaves |
| 398 | <i>Juglans regia L.</i> | Juglandaceae | Leaves |
| 399 | <i>Juniperus communis</i> | Cupressaceae | Berries |
| 400 | <i>Justicia beddomei</i> | Acanthaceae | Leaves |
| 401 | <i>Kalanchoe lacinata</i> | Crassulaceae | Leaves |
| 402 | <i>Kalanchoe pinata</i> | Crassulaceae | Leaves |
| 403 | <i>Kalanchoe verticulata</i> | Crassulaceae | Leaves |
| 404 | <i>Kalopanax pictum Nakai</i> | Araliaceae | Stem bark |
| 405 | <i>Kickxia ramosissima</i> | Scrophulariaceae | Aerial parts |
| 406 | <i>Kochia scoparia</i> | Chenopodiaceae | Whole plant |

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| 407 | <i>Krameria triandra</i> | krameriaceae | Root |
| 408 | <i>Kyllinga triceps</i> | Cyperaceae | Root |
| 409 | <i>Lagerstroemia parviflora</i> | Lythraceae | Aerial parts |
| 410 | <i>Lagerstroemia speciosa</i> | Lythraceae | Bark, Root, Seed, Leaf & ripe fruits |
| 411 | <i>Lantana camara</i> | Verbenaceae | Leaves |
| 412 | <i>Larrea tridentata</i> | Zygophyllaceae | Root, stem, bark, leaf |
| 413 | <i>Lasia spinosa</i> | Araceae | Rhizome |
| 414 | <i>Launaea nudicaulis</i> | Asteraceae | Roots |
| 415 | <i>Laurus nobilis</i> | Lauraceae | Leaf |
| 416 | <i>Lavandula multifida</i> | Lamiaceae | Flower |
| 417 | <i>Lavandula stoechas</i> | Lamiaceae | Leaves, flower |
| 418 | <i>Lawsonia inermis</i> | Lythraceae | Leaves |
| 419 | <i>Leea crispa</i> | Vitaceae | Aerial parts |
| 420 | <i>Leea indica</i> | Vitaceae | Leaves |
| 421 | <i>Leonotis leonurus</i> | Lamiaceae | Leaves |
| 422 | <i>Lepechinia caulescens</i> | Labiatae | Whole plant |
| 423 | <i>Lepidium ruderales</i> | Cruciferae | Aerial part |
| 424 | <i>Lepidium sativum</i> | Brassicaceae | Seeds |
| 425 | <i>Lepidium sativum</i> | Brassicaceae | Leaves |
| 426 | <i>Leucaena leucocephala</i> | Leguminosae | Seeds |
| 427 | <i>Ligustrum lucidum</i> | Lamiaceae | Fruit |
| 428 | <i>Lillium auratum</i> | Liliaceae | Bulb |
| 429 | <i>Lillium speciosum</i> | Liliaceae | Bulb |
| 430 | <i>Limonia acidissima</i> | Rutaceae | Fruit |
| 431 | <i>Linum usitatissimum</i> | Linaceae | Seeds |
| 432 | <i>Liriope spicata</i> | Liliaceae | Root |
| 433 | <i>Lithospermum erythrorhizon</i> | Boraginaceae | Seeds |
| 434 | <i>Litsea coreana</i> | Lauraceae | Leaves |
| 435 | <i>Lodoicea sechellarum</i> | Palmae | Fruit |
| 436 | <i>Lophophora williamsii</i> | Cactaceae | Aerial parts |
| 437 | <i>Loranthus curviflorus</i> | Loranthaceae | |
| 438 | <i>Loranthus micranthus</i> | Loranthaceae | |
| 439 | <i>Luffa acutangula</i> | Cucurbitaceae | Fruit |
| 440 | <i>Luffa aegyptiac</i> | Cucurbitaceae | Aerial parts |
| 441 | <i>Luffa cylindrica</i> | Cucurbitaceae | Seeds, leaves, flowers |
| 442 | <i>Luffa echinata</i> | Cucurbitaceae | Aerial parts |
| 443 | <i>Luffa tuberosa</i> | Cucurbitaceae | Fruit |
| 444 | <i>Lupin marmalades</i> | Papilionaceae | Seeds |
| 445 | <i>Lupus albus</i> | Papilionaceae | Seeds |
| 446 | <i>Lycium barbarum</i> | Solanaceae | Fruit |
| 447 | <i>Lycium shawii</i> | Solanaceae | Aerial parts |
| 448 | <i>Lycopersicon esculantum</i> | Solanaceae | Seeds |

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| 449 | <i>Lycopus virginicus</i> | Lamiaceae | |
| 450 | <i>Lycoris radiata</i> | Amaryllidaceae | Bulb |
| 451 | <i>Lycoris squamigera</i> | Amaryllidaceae | Bulb |
| 452 | <i>Lygodium flexuosum</i> | Lycopodiaceae | Whole plant |
| 453 | <i>Lyophyllum decastes</i> | Lyophyllaceae | Fruit |
| 454 | <i>Lysiloma acapulcense</i> | Fabaceae | Leaves |
| 455 | <i>Lythrum salicaria</i> | Lythraceae | Stem flower |
| 456 | <i>Macaranga tanarius</i> | Euphorbiaceae | Seeds |
| 457 | <i>Madhuca longifolia</i> | Sapotaceae | Bark |
| 458 | <i>Mallotus philipensis</i> | Euphorbiaceae | Stem |
| 459 | <i>Malmea depressa</i> | Annonaceae | Root |
| 460 | <i>Malva verticillata</i> | Malvacées | Seeds |
| 461 | <i>Mangifera indica</i> | Anacardiaceae | Leaves |
| 462 | <i>Maprounea africana</i> | Euphorbiaceae | Roots |
| 463 | <i>Marrubium vulgare</i> | Lamiaceae | Whole plant |
| 464 | <i>Matricaria frigidum</i> | Asteraceae | Whole plant |
| 465 | <i>Matthiola livida</i> | Boraginaceae | Whole plant |
| 466 | <i>Mazus surculosus</i> | Scrophulariaceae | Whole plant |
| 467 | <i>Medicago sativa</i> | Leguminoseae | Flower |
| 468 | <i>Megacarpaea polyandra</i> | Brassicaceae | Whole plant |
| 469 | <i>Melanthera scandens</i> | Asteraceae | Leaves |
| 470 | <i>Melhanian incana</i> | Malvaceae | Leaves |
| 471 | <i>Melia azaderachta</i> | Meliaceae | Leaves |
| 472 | <i>Melia dubia</i> | Meliaceae | Fruit |
| 473 | <i>Memecylon umbellatum</i> | Melastomaceae | Leaves |
| 474 | <i>Mentha longifolia</i> | Lamiaceae | Whole plant |
| 475 | <i>Merremia emarginata</i> | Convolvulaceae | Whole plant |
| 476 | <i>Mimosa pudica</i> | fabaceae | Whole plant |
| 477 | <i>Mimusops elengi</i> | Sapotaceae | Leaves |
| 478 | <i>Momordica balsamina</i> | Meliaceae | Fruit |
| 479 | <i>Momordica charantia</i> | Meliaceae | Fruits, seeds, leaves |
| 480 | <i>Momordica cochinchinensis</i> | Meliaceae | Fruits |
| 481 | <i>Momordica cymbalaria</i> | Meliaceae | Fruit |
| 482 | <i>Momordica dioica</i> | Meliaceae | Fruit |
| 483 | <i>Momordica foetida</i> | Meliaceae | Aerial parts |
| 484 | <i>Morinda citrifolia</i> | Rubiaceae | Fruit |
| 485 | <i>Morinda lucida</i> | Rubiaceae | Leaves |
| 486 | <i>Moringa oleifera</i> | Moringaceae | Flowers |
| 487 | <i>Morus alba</i> | Moraceae | Leaves, root bark |
| 488 | <i>Morus australis</i> | Moraceae | Root |
| 489 | <i>Morus insigni</i> | Moraceae | Leaves |
| 490 | <i>Morus nigra</i> | Moraceae | Leaves |

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| 491 | <i>Morus rubra</i> | Moraceae | Leaves |
| 492 | <i>Mprinda lucida</i> | Rubiaceae | Root |
| 493 | <i>Mucuna pruriens</i> | Leguminosae | Seeds |
| 494 | <i>Murraya koenigii</i> | Rutaceae | Leaves |
| 495 | <i>Murraya paniculata</i> | Rutaceae | Leaves |
| 496 | <i>Musa balbisiana</i> | Musaceae | Flowers |
| 497 | <i>Musa paradisiaca</i> | Musaceae | Flowers |
| 498 | <i>Musa sapientum</i> | Musaceae | Flowers, fruits |
| 499 | <i>Myrcia multiflora</i> | Myrtaceae | Leaves |
| 500 | <i>Myrcia uniflora</i> | Myrtaceae | Leaves |
| 501 | <i>Myrtus communis</i> | Myrtaceae | Leaves, stem |
| 502 | <i>Narcissus tazetta</i> | Amaryllidaceae | Bulb |
| 503 | <i>Nasturtium officinale</i> | Brassicaceae | Aerial parts |
| 504 | <i>Nauclea orientalis</i> | Rubiaceae | Stem bark |
| 505 | <i>Nelumbo nucifera</i> | Nymphaeaceae | Flowers, rhizome |
| 506 | <i>Nepeta ciliaris</i> | Lamiaceae | Whole plant |
| 507 | <i>Nigella sativa</i> | Ranunculaceae | Seeds |
| 508 | <i>Nyctanthes arbor-tristis</i> | Oleaceae | Root |
| 509 | <i>Nymphaea nouchali</i> | Nymphaeaceae | Roots |
| 510 | <i>Ocimum album</i> | Lamiaceae | Leaves |
| 511 | <i>Ocimum americanum</i> | Lamiaceae | Seeds |
| 512 | <i>Ocimum basilicum</i> | Lamiaceae | Leaves |
| 513 | <i>Ocimum gratissimum</i> | Lamiaceae | Leaves |
| 514 | <i>Ocimum sanctum Linn</i> | Lamiaceae | Leaves |
| 515 | <i>Ocimum tenuiflorum</i> | Lamiaceae | Leaves |
| 516 | <i>Olea europaea</i> | Oleaceae | Leaves |
| 517 | <i>Ophiopogonis tube</i> | Liliaceae | Rhizomes |
| 518 | <i>Opuntia dillenii</i> | Cactaceae | Fruit |
| 519 | <i>Opuntia dillenii</i> | Cactaceae | Fruit |
| 520 | <i>Opuntia ficus indica</i> | Cactaceae | Stem |
| 521 | <i>Opuntia ficus indica</i> | Cactaceae | Aerial parts |
| 522 | <i>Opuntia imbricata</i> | Cactaceae | Fruit |
| 523 | <i>Opuntia lindheimeri</i> | Cactaceae | Aerial parts |
| 524 | <i>Opuntia sterptacanthas</i> | Cactaceae | Sap |
| 525 | <i>Opuntia streptacantha</i> | Cactaceae | Aerial parts |
| 526 | <i>Opuntia vulgaris</i> | Cactaceae | Aerial parts |
| 527 | <i>Orchis latifolia</i> | Orchidaceae | Root |
| 528 | <i>Orchis mascula</i> | Orchidaceae | Root |
| 529 | <i>Origanum syriacum</i> | Lamiaceae | Leaves |
| 530 | <i>Origanum vulgare</i> | Lamiaceae | Leaves |
| 531 | <i>Orthosiphon aristatus</i> | Lamiaceae | Leaves |
| 532 | <i>Orthosiphon spiralis</i> | Lamiaceae | Leaves |

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| 533 | <i>Orthosiphon stamineus</i> | Lamiaceae | Leaves |
| 534 | <i>Oryza saliva</i> | Gramineae | Roots |
| 535 | <i>Osbeckia octandra</i> | Melastomaceae | Whole plant |
| 536 | <i>Ossimum gratissium</i> | Labiatae | Leaves |
| 537 | <i>Otholobium pubescens</i> | Fabaceae | |
| 538 | <i>Otostegia persica</i> | Lamiaceae | Aerial parts |
| 539 | <i>Ougeinia oojeinensis</i> | Leguminosae | Bark |
| 540 | <i>Pachycereus marginatus</i> | Cactaceae | Root, pulp |
| 541 | <i>Paeonia emodi</i> | Ranunculaceae | Whole plant |
| 542 | <i>Paeonia lactiflora</i> | Ranunculaceae | Roots |
| 543 | <i>Paeonia moutan</i> | Ranunculaceae | Whole plant |
| 544 | <i>Paeonia veitchii</i> | Ranunculaceae | Roots |
| 545 | <i>Panax ginseng</i> | Araliaceae | Roots |
| 546 | <i>Panax japonicus</i> | Araliaceae | Roots |
| 547 | <i>Panax quinquefolium</i> | Araliaceae | Roots |
| 548 | <i>Pandanus odoros</i> | Pandanaceae | Roots |
| 549 | <i>Pandanus odoros</i> | Pandanaceae | Root |
| 550 | <i>Panicum miliaceum</i> | Poaceae | Whole plant |
| 551 | <i>Parinari excelsa</i> | Chrysobalanaceae | Bark |
| 552 | <i>Parmentiera edulis</i> | Bignoniaceae | Fruit |
| 553 | <i>Parthenium hysterophorus</i> | Asteraceae | Leaves |
| 554 | <i>Paspalum serobiculatum</i> | Poaceae | Grains |
| 555 | <i>Passiflora foetida</i> | Passifloraceae | Whole plant |
| 556 | <i>Paullinia cupana</i> | Sapindaceae | Leaves |
| 557 | <i>Pedicularis rhinanthoides</i> | Scrophulariaceae | Whole plant |
| 558 | <i>Peganum harmala</i> | Zygophyllaceae | Seeds |
| 559 | <i>Peporimia pellucida</i> | Piperaceae | |
| 560 | <i>Pergularia tomentosa</i> | Asclepiadaceae | Stem |
| 561 | <i>Periploca laevigata</i> | Apocynaceae | |
| 562 | <i>Persea americana</i> | Lauraceae | Fruit |
| 563 | <i>Persea gratissima</i> | Lauraceae | Seed, bark |
| 564 | <i>Petiveria alleaceae</i> | Phytolacaceae | Leaves, stem powder |
| 565 | <i>Peumus boldus</i> | Monimiaceae | Leaves |
| 566 | <i>Phalaris canariensis</i> | Poaceae | Seeds |
| 567 | <i>Phaseolus vulgaris</i> | Leguminosae | Seeds |
| 568 | <i>Phlomis persica</i> | Lamiaceae | Aerial part |
| 569 | <i>Phoebe wightii</i> | Lauraceae | Aerial parts |
| 570 | <i>Phoradendron tomentosum</i> | Viscaceae | Flower |
| 571 | <i>Phyllanthus amarus</i> | Euphorbiaceae | Whole plant |
| 572 | <i>Phyllanthus carolinensis</i> | Euphorbiaceae | Leaves, stem |
| 573 | <i>Phyllanthus emblica</i> | Euphorbiaceae | Fruit |
| 574 | <i>Phyllanthus fraternus</i> | Euphorbiaceae | Leaves |

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| 575 | <i>Phyllanthus niruri</i> | Euphorbiaceae | Aerial parts |
| 576 | <i>Phyllanthus urinaria</i> Linn. | Euphorbiaceae | Leaves |
| 577 | <i>Physalis alkekengi</i> | Solanaceae | Fruit |
| 578 | <i>Physalis philadelphica</i> | Solanaceae | Bark, leaf |
| 579 | <i>Picea mariana</i> | Pinaceae | Fruit |
| 580 | <i>Picrorrhiza kurroa</i> | Scrophulariaceae | Rhizome |
| 581 | <i>Pimenta officinalis</i> | Myrtaceae | Leaves, fruit |
| 582 | <i>Pinus maritime</i> | Piperaceae | Bark |
| 583 | <i>Pinus pinaster</i> | Piperaceae | Bark |
| 584 | <i>Pinus teocote</i> | Piperaceae | Aerial parts |
| 585 | <i>Piper aduncum</i> | Piperaceae | Leaves |
| 586 | <i>Piper betle</i> | Piperaceae | Leaves |
| 587 | <i>Piper cubela</i> | Piperaceae | Whole plant |
| 588 | <i>Piper longum</i> | Piperaceae | Whole plant |
| 589 | <i>Piper nigrum</i> | Piperaceae | Whole plant |
| 590 | <i>Piper retrofractum</i> | Piperaceae | Fruits |
| 591 | <i>Piper sarmentosum</i> | Piperaceae | Whole plant |
| 592 | <i>Pisum sativum</i> | Fabaceae | Fruit |
| 593 | <i>Plantago himalacia</i> | Plantaginaceae | Whole plant |
| 594 | <i>Plantago major</i> | Plantaginaceae | Whole plant |
| 595 | <i>Plantago ovata</i> | Plantaginaceae | Husk |
| 596 | <i>Plantago psyllium</i> | Plantaginaceae | Leaves |
| 597 | <i>Pleurostyliia opposita</i> | Celastraceae | |
| 598 | <i>Plumbago zeylanica</i> | Plumbaginaceae | Leaves |
| 599 | <i>Plumeria rubra</i> | Apocynaceae | Stem |
| 600 | <i>Poa pratensis</i> | Poaceae | Whole plant |
| 601 | <i>Polygala javana</i> | Polygalaceae | Leaves |
| 602 | <i>Polygala senega</i> | Polygalaceae | Rhizome |
| 603 | <i>Polygala erioptera</i> | Polygalaceae | |
| 604 | <i>Polygonatum odoratum</i> | Asparagaceae | Rhizome |
| 605 | <i>Polygonatum officinale</i> | Liliaceae | Rhizome |
| 606 | <i>Polygonum</i> | Polygonaceae | Aerial parts |
| 607 | <i>Polygonum cuspidatum</i> | Polygonaceae | Rhizome |
| 608 | <i>Pongamia pinnata</i> | Leguminosae | Bark |
| 609 | <i>Portulaca oleraceae</i> | Portulacaceae | Aerial part |
| 610 | <i>Potamogeton crispus</i> | Potamogetonaceae | Whole plant |
| 611 | <i>Poterium ancisroides</i> | Rosaceae | Leaves |
| 612 | <i>Poterium spinosum</i> | Rosaceae | Stem, bark |
| 613 | <i>Pouteria tomentosa</i> | Sapotaceae | Aerial parts |
| 614 | <i>Prunella vulgaris</i> | Lamiaceae | Whole plant |
| 615 | <i>Prunus amygdalus</i> | Rosaceae | Seeds |
| 616 | <i>Prunus davidiana</i> | Rosaceae | Stem |

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|-----|----------------------------------|------------------|------------------|
| 617 | <i>Prunus persica</i> | Rosaceae | Leaves |
| 618 | <i>Psacalium decompositum</i> | Asteraceae | Root |
| 619 | <i>Psacalium decompositum</i> | Asteraceae | Root |
| 620 | <i>Psacalium peltatum</i> | Asteraceae | |
| 621 | <i>Psacalium peltatum</i> Cass. | Asteraceae | Root |
| 622 | <i>Pseudarthria viscida</i> | Fabaceae | Root |
| 623 | <i>Psidium guajava</i> | Myrtaceae | Juice |
| 624 | <i>Psittacanthus calyculatus</i> | Loranthaceae | Aerial parts |
| 625 | <i>Pterocarpus marsupium</i> | Leguminosae | Heart-wood, wood |
| 626 | <i>Pterocarpus santalinus</i> | Leguminosae | Fruits |
| 627 | <i>Punica granatum</i> | Punicaceae | Flowers |
| 628 | <i>Pyrus communis</i> | Rosaceae | |
| 629 | <i>Quercus lineata</i> | Fagaceae | Bark |
| 630 | <i>Quercus robur</i> | Fagaceae | Gall |
| 631 | <i>Quercus spicata</i> | Fagaceae | Bark |
| 632 | <i>Radix glyzyrrhizae</i> | Fabaceae | Root |
| 633 | <i>Raphanus sativus</i> | Brassicaceae | Whole plant |
| 634 | <i>Rauwolfia serpentine</i> | Apocynaceae | Leaves, roots |
| 635 | <i>Ravenala madagascariensis</i> | Sterilizaceae | Flower, root |
| 636 | <i>Rehmania glutinosa</i> | Scrophulariaceae | Rhizome |
| 637 | <i>Retama raetam</i> | Fabaceae | Whole plant |
| 638 | <i>Rhamnus purshiana</i> | Rhamnaceae | Bark |
| 639 | <i>Rhazya stricta</i> | Apocynaceae | Leaves, seeds |
| 640 | <i>Rheum officinale</i> | Polygonaceae | Root |
| 641 | <i>Rheum palmatum</i> | Polygonaceae | Root |
| 642 | <i>Rheum tanguticum</i> | Polygonaceae | Root |
| 643 | <i>Rhizophora mangle</i> | Rhizophoraceae | Bark |
| 644 | <i>Rhizophora mucronata</i> | Rhizophoraceae | Aerial parts |
| 645 | <i>Rhodiola sachalinensis</i> | Crassulaceae | Root |
| 646 | <i>Rhododendron tomentosum</i> | Ericaceae | Fruit |
| 647 | <i>Rhus coriaria</i> | Anacardiaceae | Fruit |
| 648 | <i>Ricinus communis</i> | Euphorbiaceae | Leaves |
| 649 | <i>Rosa brunonii</i> | Rosaceae | Aerial parts |
| 650 | <i>Rosa canina</i> | Rosaceae | Fruit |
| 651 | <i>Rosa centifolia</i> | Rosaceae | Aerial parts |
| 652 | <i>Rubia cardifolia</i> | Rubiaceae | Roots |
| 653 | <i>Rubus ulmifolius</i> | Rosaceae | Leaves |
| 654 | <i>Rumex abyssinicus</i> | Polygonaceae | Root |
| 655 | <i>Russelia equisetiformis</i> | Scrophulariaceae | Root |
| 656 | <i>Ruta graveolens</i> | Rutaceae | Leaves |
| 657 | <i>Saccharum officinarum</i> | Poaceae | Leaves |
| 658 | <i>Sageretia parviflora</i> | Rhamnaceae | Root |

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|-----|---------------------------------|------------------|----------------------|
| 659 | <i>Salacia chinensis</i> | Hippocrateaceae | Root, stem , leaves |
| 660 | <i>Salacia oblonga</i> | Hippocrateaceae | Root bark |
| 661 | <i>Salacia reticulata</i> | Hippocrateaceae | Root |
| 662 | <i>Salmalia malabarica</i> | Bombacaceae | Sepals |
| 663 | <i>Salpianthus arenarius</i> | Nyctaginaceae | Flower |
| 664 | <i>Salpianthus macrodonthus</i> | Nyctaginaceae | Flower |
| 665 | <i>Salvia aegyptiaca</i> | Lamiaceae | Whole plant |
| 666 | <i>Salvia canariensis</i> | Lamiaceae | Aerial parts |
| 667 | <i>Salvia fruticosa</i> | Lamiaceae | Leaves |
| 668 | <i>Salvia lavandifolia</i> | Lamiaceae | Whole plant |
| 669 | <i>Salvia leucantha</i> | Lamiaceae | Leaves |
| 670 | <i>Salvia miltiorrhiza</i> | Lamiaceae | Root |
| 671 | <i>Salvia officinalis</i> | Lamiaceae | Leaves |
| 672 | <i>Samanea saman</i> | Fabaceae | Bark |
| 673 | <i>Sansevieria roxburghiana</i> | Ruscaceae | Rhizome |
| 674 | <i>Sapindus laurifolia</i> | Sapindaceae | Fruits |
| 675 | <i>Sapindus mukorossi</i> | Sapindaceae | Fruits |
| 676 | <i>Sarcopoterium spinosum</i> | Rosaceae | Root |
| 677 | <i>Schisandra chinensis</i> | Magnoliaceae | Leaves |
| 678 | <i>Schleichera oleosa</i> | Sapindaceae | Stem bark |
| 679 | <i>Scilla sibirica</i> | Hyacinthaceae | Bulb |
| 680 | <i>Scindapsus officinalis</i> | Araceae | Fruit |
| 681 | <i>Scoparia dulcis</i> | Scrophulariaceae | Whole plant |
| 682 | <i>Scrophularia deserti</i> | Scrophulariaceae | Aerial parts |
| 683 | <i>Scutia myrtina</i> | Rhamnaceae | Whole plant |
| 684 | <i>Securigera securidacea</i> | Fabaceae | Seeds |
| 685 | <i>Selaginella tamariscina</i> | Lycopodiaceae | Whole plant |
| 686 | <i>Serenoa serrulata</i> | Arecaceae | Fruit |
| 687 | <i>Sesamum indicum</i> | pedaliaceae | Seeds |
| 688 | <i>Sesbania grandifolia</i> | Fabaceae | Bark |
| 689 | <i>Sesbania sesban</i> | Fabaceae | Leaves |
| 690 | <i>Setaria italica</i> | Poaceae | Seeds |
| 691 | <i>Sida cordifolia</i> | Malvacées | Aerial part and root |
| 692 | <i>Smilanthus sonchifolius</i> | Asteraceae | Root |
| 693 | <i>Smilax canariensis</i> | Smilacaceae | Aerial parts |
| 694 | <i>Smilax china</i> | Smilacaceae | Rhizome |
| 695 | <i>Smilax glabra</i> | Smilacaceae | Rhizome |
| 696 | <i>Solanum diversifolium</i> | Solanaceae | Leaves |
| 697 | <i>Solanum lycocarpum</i> | Solanaceae | Fruit |
| 698 | <i>Solanum nigrum</i> | Solanaceae | Whole plant |
| 699 | <i>Solanum verbascifolium</i> | Solanaceae | Leaves |
| 700 | <i>Solanum xanthocarpum</i> | Solanaceae | Fruit |

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|-----|-----------------------------------|-----------------|----------------|
| 701 | <i>Solenostemon rotundifolius</i> | Lamiaceae | Tuber |
| 702 | <i>Soymida febrifuga</i> | Meliaceae | Bark |
| 703 | <i>Spathodea campanulata Buch</i> | Bignoniaceae | Stem bark |
| 704 | <i>Spergularia purpurea</i> | Caryophyllaceae | Leaves, flower |
| 705 | <i>Sphaeranthus indicus</i> | Asteraceae | Whole plant |
| 706 | <i>Spinacea oleracea</i> | Salsolaceae | Leaves |
| 707 | <i>Spondias dulcis</i> | Anacardiaceae | Stem bark |
| 708 | <i>Stachytarpheta indica</i> | Verbenaceae | Leaves |
| 709 | <i>Stachyurus himalacius</i> | Stachyuraceae | |
| 710 | <i>Stenocereus marginatus</i> | Cactaceae | Aerial parts |
| 711 | <i>Sterculia guttata</i> | Sterculiaceae | Leaves |
| 712 | <i>Stereospermum suaveolens</i> | Bignoniaceae | Root |
| 713 | <i>Stevia rebaudiana</i> | Asteraceae | Leaves |
| 714 | <i>Strobilanthes crispus</i> | Acanthaceae | Leaves |
| 715 | <i>Strychnos nux vomica</i> | Loganiaceae | Fruit |
| 716 | <i>Strychnos potatorum</i> | Loganiaceae | Seeds |
| 717 | <i>Suaeda fruticosa</i> | Chenopodiaceae | Aerial parts |
| 718 | <i>Swertia chirayita</i> | Gentianaceae | Whole plant |
| 719 | <i>Swertia japonica</i> | Gentianaceae | Whole plant |
| 720 | <i>Swertia mussotii</i> | Gentianaceae | Whole plant |
| 721 | <i>Swertia punicea</i> | Gentianaceae | Whole plant |
| 722 | <i>Swietenia humilis</i> | Meliaceae | Seeds |
| 723 | <i>Swietenia macrophylla</i> | Meliaceae | Seeds |
| 724 | <i>Symplocos cochinchinensis</i> | Symplocaceae | Leaves |
| 725 | <i>Symplocos Paniculata</i> | Symplocaceae | Leaves, stem |
| 726 | <i>Symplocos theaeifolia</i> | Symplocaceae | Root, leaves |
| 727 | <i>Syringa vulgaris</i> | Lamiaceae | Bud |
| 728 | <i>Syzygium cordatum</i> | Myrtaceae | Leaves |
| 729 | <i>Syzygium cumini</i> | Myrtaceae | Fruit |
| 730 | <i>Syzygium jambolanum</i> | Myrtaceae | Fruit |
| 731 | <i>Syzygium malaccense</i> | Myrtaceae | Stem bark |
| 732 | <i>Syzygium samarangens</i> | Myrtaceae | Stem bark |
| 733 | <i>Tagetes erecta</i> | Asteraceae | Leaves, flower |
| 734 | <i>Talinum portulacifolium</i> | Portulacaceae | Leaves |
| 735 | <i>Tamarindus indica</i> | Caesalpinaceae | Seeds |
| 736 | <i>Tapinanthus bangwensis</i> | Loranthaceae | Leaves |
| 737 | <i>Taraxacum officinale</i> | Asteraceae | Aerial parts |
| 738 | <i>Taxus yunnanensis</i> | Taxaceae | Wood |
| 739 | <i>Tecoma mollis</i> | Bignoniaceae | Whole plant |
| 740 | <i>Tecoma stans</i> | Bignoniaceae | Leaves |
| 741 | <i>Tectona grandis</i> | Verbenaceae | Root |
| 742 | <i>Telfaria occidentalis</i> | Cucurbitaceae | Leaves, seeds |

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|-----|---------------------------------------|------------------|--------------|
| 743 | <i>Terminalia arjuna</i> | Combretaceae | Stem bark |
| 744 | <i>Terminalia bellerica</i> | Combretaceae | Fruit |
| 745 | <i>Terminalia catappa</i> | Combretaceae | Fruit |
| 746 | <i>Terminalia chebula</i> | Combretaceae | Seeds |
| 747 | <i>Terminalia superba</i> | Combretaceae | Leaves |
| 748 | <i>Tetrastigma leucostaphylum</i> | Vitaceae | |
| 749 | <i>Teucrium cubens</i> | Lamiaceae | Aerial parts |
| 750 | <i>Teucrium cubense</i> | Lamiaceae | Leaves |
| 751 | <i>Teucrium oliverianum</i> | Lamiaceae | Aerial parts |
| 752 | <i>Teucrium polium</i> | Lamiaceae | Leaves |
| 753 | <i>Teucrium royleanum</i> | Lamiaceae | Whole plant |
| 754 | <i>Theobroma cacao</i> | Sterculiaceae | Cocoa beans |
| 755 | <i>Thespesia populnea</i> | Malvaceae | Bark, leaves |
| 756 | <i>Thryallis glanea</i> | Malpighiaceae | Aerial parts |
| 757 | <i>Tillandsia usneoides L.</i> | Bromeliaceae | Whole plant |
| 758 | <i>Tinospora cordifolia</i> | Menispermaceae | Stem |
| 759 | <i>Tinospora crispa</i> | Menispermaceae | Stem |
| 760 | <i>Tournefortia hartwegiana</i> | Boraginaceae | Leaves |
| 761 | <i>Tournefortia hirsutissima</i> | Boraginaceae | |
| 762 | <i>Tournefortia hirsutissima Linn</i> | Boraginaceae | Whole plant |
| 763 | <i>Tournefortia petiolaris</i> | Boraginaceae | Bark |
| 764 | <i>Tragia involucrate</i> | Euphorbiaceae | Whole plant |
| 765 | <i>Trema orientalis</i> | Ulmaceae | Stem bark |
| 766 | <i>Tremella mesenterica</i> | Combretaceae | Fruit |
| 767 | <i>Tribulus terrestris</i> | Zygophyllaceae | Stem, leaves |
| 768 | <i>Trichosanthes dioica</i> | Cucurbitaceae | Whole plant |
| 769 | <i>Trichosanthes kirilowii</i> | Cucurbitaceae | Aerial parts |
| 770 | <i>Trigonella foenum graecum</i> | Leguminosae | Seeds |
| 771 | <i>Triticum repens</i> | Gramineae | Rhizomes |
| 772 | <i>Turnera diffusa</i> | Turneracea | Leaves |
| 773 | <i>Uncaria tomentosa</i> | Rubiaceae | Leaves |
| 774 | <i>Urginea indica</i> | Hyacinthaceae | Bulb |
| 775 | <i>Urtica dioica</i> | Urticaceae | Leaves |
| 776 | <i>Vaccinium angustifolium</i> | Ericaceae | Fruit |
| 777 | <i>Vaccinium leschenaultii</i> | Ericaceae | Aerial parts |
| 778 | <i>Vaccinium myrtillus</i> | Ericaceae | Leaves |
| 779 | <i>Vaccinium oxycoccus</i> | Ericaceae | Leaves |
| 780 | <i>Vaccinium vitis idaea</i> | Ericaceae | Leaves |
| 781 | <i>Vateria copallifera</i> | Dipterocarpaceae | Fruit |
| 782 | <i>Vernonia amygdalina</i> | Asteraceae | Leaves |
| 783 | <i>Viburnum opulus</i> | Caprifoliaceae | Fruit |
| 784 | <i>Vinca erecta</i> | Apocynaceae | Whole plant |

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|-----|--------------------------------|----------------|----------------|
| 785 | <i>Vinca major</i> | Apocynaceae | Whole plant |
| 786 | <i>Viscum album</i> | Loranthaceae | Whole plant |
| 787 | <i>Vitex negundo</i> Linn | Verbenaceae | Leaves |
| 788 | <i>Wattakaka volubilis</i> | Asclepiadaceae | Leaves |
| 789 | <i>White lupin bran</i> | Papilionaceae | Fiber |
| 790 | <i>Withania coagulans</i> | Solanaceae | Fruit |
| 791 | <i>Withania somnifera</i> | Solanaceae | Leaves |
| 792 | <i>Xanthium strumarium</i> | Asteraceae | Roots, seeds |
| 793 | <i>Xanthocercis zambesiaca</i> | Leguminaceae | Root, Leaves |
| 794 | <i>Xanthoxalis corniculata</i> | Oxilidaceae | |
| 795 | <i>Zea mays</i> | Poaceae | Fruit |
| 796 | <i>Zingiber officinale</i> | Zinziberaceae | Rhizome |
| 797 | <i>Zingiber zerumbet</i> | Zinziberaceae | Leaf |
| 798 | <i>Zizyphus mauritiana</i> | Rhamnaceae | Fruits, leaves |
| 799 | <i>Zizyphus rugosa</i> | Rhamnaceae | Fruits, leaves |
| 800 | <i>Zizyphus sativa</i> | Rhamnaceae | |
| 801 | <i>Zizyphus spina-christi</i> | Rhamnaceae | leaves |
| 802 | <i>Zygophyllum gaetulum</i> | Zygophyllaceae | Aerial parts |

2. Conclusion

Diabetes is a metabolic disorder which can be considered as a major cause of high economic loss which can in turn impede the development of nations. Moreover, uncontrolled diabetes leads to many chronic complications such as blindness, heart failure, and renal failure. In order to prevent this alarming health problem, the development of research into new hypoglycaemic and potentially anti diabetic agents is of great interest. In conclusion, this paper has presented a list of anti-diabetic plants used in the treatment of diabetes mellitus. It showed that these plants have hypoglycaemic effects.

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